

# WELLNESS SCREENING & ILLNESS POLICY

## WELLNESS SCREENING

1. Every coach and participant must sign the Declaration and Assumption of Risk before they participate in baseball activities.
2. Upon arrival, at the first session,
  - a. coaches must self declare and log their answers to the screening questions below.
  - b. every participant (and parent/guardian if staying at the session) must answer the screening questions below.
  - c. coaches will take attendance of every coach, participant, parent/guardian who stays at the field, and individual who brought the participant to practice (if different than parent/guardian).
3. If anyone answers yes to any of the screening questions, they will be sent home and advised to take the BC COVID-19 self-assessment tool. They will not be permitted to return for a minimum of 14 days.
  - a. This does not apply to a participant, or member of the participant's household, if they are designated an essential service worker who is required to travel
    - i. between provinces for their employment; or
    - ii. outside of Canada and is subject to a Government exemption from mandatory self-isolation.
4. Prior to attending every session, every coach and participant (and parent/guardian if staying at the session) must self assess their wellness (use the BC COVID-19 Self Assessment Tool) to determine if they should be going to the session or staying home.
5. At every session, coaches will track attendance and get verbal confirmation that participants are healthy to participate.

## SCREENING QUESTIONS

In the last 14 days, have you or anyone in your household

1. Had flu-like symptoms or symptoms of COVID-19, including fever, chills, new or worsening cough, shortness of breath, sore throat, and new muscle aches or headache?
2. Returned from travel outside of British Columbia?
3. Exposed to a person with a confirmed or suspected case of COVID-19?
4. Been required or recommended to self-isolate by a medical health officer or other public health guidelines?

## ILLNESS POLICY

### ONGOING ASSESSMENT DURING SESSIONS

During all sessions, a coach or participant must inform a coach immediately if they feel any symptoms of COVID-19. In this case, or if a coach observes a participant with symptoms of COVID-19, they will do the following:

1. Stop the session for all participants;
2. Maintain a 2m physical distance if possible;
3. Wear mask and gloves;
4. Provide them with a mask;
5. Call parent or guardian of all participants at the session;
6. Notify the Technical Director or member of the KMBA Board of Directors and await further directions.

#### ONGOING ASSESSMENT BETWEEN SESSIONS

1. Anyone who is feeling sick with COVID-19 symptoms must not come to a baseball activity and should remain at home and contact Health Link BC at 8-1-1. They will not be permitted to return for a minimum of 14 days.
2. If a coach, participant, or member of their household has a suspected or confirmed case of COVID-19 – see First Aid and Outbreak Plan
3. If a coach, participant, or member of their household has been tested and is waiting for the results of a COVID-19 Test
  - a. As with the confirmed case, they must not return to activity.
  - b. Other coaches and participants who may have been in contact with that person will be informed and may not return for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.
  - c. Enhanced cleaning and disinfecting must be done before any activity resumes
4. If a coach, participant, or member of their household has come in to contact with someone who is confirmed to have COVID-19
  - a. They must advise their coach if they reasonably believe they have been exposed to COVID-19.
  - b. They will be removed from the activity for at least 14 days or as otherwise directed by public health authorities.
  - c. Other coaches and participants who may have come into close contact with that person will also be removed from activity for at least 14 days.
  - d. Enhanced cleaning and disinfecting must be done before any activity resumes