



*Instilling ideals of honesty, loyalty, courage and sportsmanship through the sport of baseball since 1964.*

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## 7u - Intro to Baseball Game Rules – Mid Season

1. Only the Incrediballs (white baseballs/T-balls) are to be used.
  2. The games shall be 1hr.
  3. All players shall be given an equal opportunity to play every position. No player may play the same position. All players must play in both the infield and outfield each game.
  4. Coaches will pitch or a tee will be used.
  5. Each batter will receive a **maximum of 6 pitches** or 3 strikes (whatever comes first) from the coach. After 6 pitches or 3 strikes, the batter shall be given 2 soft toss pitches from the coach. If they do not put the soft tosses in play, the batter shall be called out, no exceptions. If using a Tee – **maximum of 6 swings** or 3 strikes (whatever comes first)
  6. Each inning shall have everyone go through batting order once no matter how many outs.
  7. All batters must have helmet with chinstrap.
  8. Any batter who throws a bat shall be given 1 warning. Should that batter do it again, they shall be immediately called out.
  9. Ball hit: runners may continue to advance until any fielder controls it.
  10. Parents shall be permitted on the field of play to encourage proper playing position.
  11. Outs will be used. Any out such as a catch (flyball), force out, tag, or strike out will be used and that player will not continue running the bases after making an out. This will be difficult for the players at first, but they will learn what an out is, and need to learn this to play at the next level.
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